

Vidyasagar University

Curriculum for B.A (General) in National Service Scheme (NSS) [Choice Based Credit System]

Semester-I

Course	Course Code	Name of the Subjects	Course Type/ Nature	Teaching Scheme in hour per week			Credit	Marks
				L	T	P		
CC1 [DSC-1A]		C1T: History, Philosophy, Aims & Objectives of NSS	Core Course-1	5	1	0	6	75
CC2 [DSC-2A]	TBD	DSC-2A (other Discipline)	Core Course-2				6	75
AECC Core[L-1]		English-1	AECC-Core [Language core]	5	1	0	6	75
AECC (Elective)		English	AECC(Elective)	1	1	0	2	50
Semester Total							20	275

L=Lecture, T=Tutorial, P=Practical, CC = Core Course, TBD = To be decided, AECC (Elective) = Ability Enhancement Compulsory Course (Elective)

DSC-1 = Discipline Specific Core of Subject-1, DSC -2 = Discipline Specific Core of Subject-2,

AECC- Core [L-1]: Ability Enhancement Compulsory Course-Core [Language Core -1]

Semester – I
Core Course (CC)

CC1: History, Philosophy, Aims & Objectives of NSS

Credits 06

C1T: History, Philosophy, Aims & Objectives of NSS

Unit-I : Basic concept of NSS

- a. History and Objectives
- b. Significance of Emblem, Flag, Motto, Song, Badge, Discipline
- c. Organisational Structure of NSS: National, State, University, college
- d. NSS Functionaries: Roles and Responsibilities

Unit-II : Concept of the Nation, Community, Family And Nature

- a. What is Nation and National integration
- b. Communities and intervention of Caste, Religion and Language
- c. Family as primary Unit and Community
- d. Man and Nature

Unit-III : From Campus to Community

- a. Concept of Activities: Regular and special camping & day camp
- b. Kinds of Activities: Legal Awareness, Health Awareness, First Aid, Career Guidance, Child care, Leadership training, Skill development, afforestation, Old-age care, Blood donation, Disaster Management, Swachh Bharat, Campus Development.
- c. Understanding Youth as an agent of social Change: Definition and categories of youth, Challenges and opportunities of youth.

Unit-IV : Volunteerism

- a. Indian Tradition of Volunteerism
- b. Needs and Importance of volunteerism
- c. Motivation and constraints of volunteerism
- d. Shramadan as a part of volunteerism.

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Curriculum for B.A. (General) in National Service Scheme (NSS) [Choice Based Credit System]

Semester-II

Course	Course Code	Name of the Subjects	Course Type/ Nature	Teaching Scheme in hour per week			Credit	Marks
				L	T	P		
DSC-1B		DSC1BT: Management of NSS Programme in Society	Core Course	4	0	0	6	75
		DSC1BP: Practical		0	0	4		
DSC-2B	TBD	DSC-2B (other Discipline)	Core Course				6	75
AECC Core[L-1]		MIL-1	AECC-Core [Language core]	5	1	0	6	75
AECC (Elective)		ENVS	AECC (Elective)				4	100
Semester Total							22	325

L=Lecture, **T**=Tutorial, **P**=Practical, **CC** = Core Course, **TBD** = To be decided, **AECC (Elective)** = Ability Enhancement Compulsory Course (Elective)

DSC-1 = Discipline Specific Core of Subject-1, **DSC -2** = Discipline Specific Core of Subject-2, **AECC- Core [L-1]: Ability Enhancement Compulsory Course-Core [Language Core]**

Semester – II
Core Course (CC)

DSC-1B (CC-2): Management of NSS Programme in Society **Credits 06**

DSC1BT: Management of NSS Programme in Society **Credits 04**

Course Contents:

Unit –I: Citizenship

- a. Basic features of Constitution of India
- b. Fundamental Rights and Duties
- c. Human Rights, Human values and personality Development.
- d. Consumer awareness and the legal rights of the consumer
- e. RTI

Unit –II: Health, Hygiene and Sanitation

- a. Definition needs and scope of health education.
- b. Food and Nutrition.
- c. Safe drinking water, water borne diseases and sanitation (Swachh Bharat Abhiyan)
- d. National health programme.
- e. Reproductive health.
- f. Youth Health: Healthy lifestyles. HIV, AIDS, Drugs and substance abuse. Home nursing. First Aid

Unit – III: Youth Development Programme : Yoga and Sports

1. Youth Development Programme in India

National Youth Day. Youth Development Programme at the National level, State level and voluntary sector. Youth focused and Youth-led organizations

2. Yoga and Sports

History, philosophy and concept of yoga and sports. Different yoga traditions and their impacts. Yoga as a preventive, promotive and curative method. Yoga and sports as tools for healthy lifestyle.

Unit – IV: Environment Issues and Disaster management

- a. Environment conservation, enrichment and sustainability.
- b. Climate change.
- c. Waste management.

- d. Natural resource management (Rain water harvesting, energy conservation, waste land development, soil conservations and afforestation)
- e. Energy conservation programme: concept of conservation - conventional and non-conventional energy.
- f. Introduction to Disaster Management, Classification of disasters. Role of youth in Disaster Management.
- g. Afforestation and tree plantation: Creation of tree consciousness among community. Prevention of soil erosion. Establishment of nurseries. Plantation of trees and preservation and upkeep of trees. Weed control, pest management and rodent control.

Unit –V: Methodology of conducting survey

- a. Need for action oriented surveys in NSS
- b. Identification and selection community problem for investigation
- c. Methods of collecting information
- d. Analysis of collected data and preparation of report
- e. Application of survey findings in problem solving process

DSC1BP: Practical

Credits 02

a. First Aids

- i. Principles of First aids. Importance of First Aids.
- ii. First aids for Snake bite, Burns, Drowning, Poisoning, Dog bite.

b. Social Activity

i) Tree plantation , ii) Blood Donation, iii) Participation in Social Awareness Programme, iv) Participation in Environment Awareness Programme, v) Participation in Health and Hygiene Awareness Programme. vi) Participation in awareness campaign programme on welfare schemes of the central and state government.

c. Campaigning Programme

Campaigning on awareness of i) Water harvesting techniques, ii) Soil conservation techniques, iii) Community health programme of central and state government , iv) Gender equality and women empowerment, v) Child health care programme , vi) Blood donors club, vii) AIDS awareness campaign, viii) Self employment opportunities as per local needs and feasibility, ix) Animal health care programme Dairy and poultry farming, x) Total literacy, xi) Road safety, xii) Biogas and smock less chulah.

- d. **Field reports:** Students will be asked to submit a Field Report on any social Awareness Programme organized by the Institution.

- e. **Laboratory Note Book and Viva -voce**

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Semester-III

Course	Course Code	Name of the Subjects	Course Type/ Nature	Teaching Scheme in hour per week			Credit	Marks
				L	T	P		
DSC-1C		DSC1CT: Social work, Family, Community, Society & Youth and Life competencies, additional life skills & Civil/ Self Defense.	Core Course	4	0	0	6	75
		Practical		0	0	4		
DSC-2C	TBD	DSC-2C (other Discipline)	Core Course				6	75
AECC Core[L-1]		English-2	AECC-Core [Language core]	5	1	0	6	75
SEC-1		SEC-1: Personality Development & Communication Skills Or Computer Applications Or News and News Contents	Skill Enhancement Course-1	1	1	0	2	50
Semester Total							20	275

L = Lecture, **T** = Tutorial, **P** = Practical, **CC** = Core Course, **TBD** = To be decided, **SEC** = Skill Enhancement Course.

DSC-1 = Discipline Specific Core of Subject-1, **DSC-2** = Discipline Specific Core of Subject-2,

DSC-3 = Discipline Specific Core of Subject-3. **AECC- Core [L-2]:** Ability Enhancement Compulsory Course-Core [Language Core]

Semester-III
Core Course (CC)

DSC-1C (CC-3): Social work, Family, Community, Society & Youth and Life competencies, additional life skills & Civil/ Self Defense. Credits 06

DSC1CT: Social work, Family, Community, Society & Youth and Life competencies, additional life skills & Civil/ Self Defense. Credits 04

Course Contents:

Unit- I: Family, Community & Society

- a. Concept of Family and society. Growing up in the family - dynamics and impact. Community (PRIs and other community-based organizations). Human Values-Concept & importance. Gender justice: concepts & needs. Old age problems and care. Impact of modernization on family: Definition, nature and effects of modernization.
- b. Organisation of Family and Child Care: Philosophy of family and child Care programme. Nutrition: calories, protein and vitamin requirements of the child during development stages. Balanced diet. Nutrition education. Prevention of diseases caused by some deficiency. Common ailments of infancy and childhood, infectious diseases, immunization, booster doses. Role of Government and voluntary agencies in the development of Family and child care programme with special reference to: Integrated Child Development Service (ICDS), applied nutrition programme, mid-day meal programme, and special nutrition programme. Maternity and child care: Mother mental and physical health care during pregnancy and delivery. Child development from conception till maturity – role of parents. Peer groups, school community in socialization of the child health programme. Common ailments of infancy and childhood, infectious diseases, immunization, booster doses.
- c. Population dynamics and family planning; Population problems, goals of family planning, methods of family planning, methods and media of communication in family planning. Population education and the role of NSS.
- d. Prevention and control of communicable diseases: infectious diseases, mass communication and the role of NSS.
- e. **Community Mobilization**: Mapping of Community Stakeholders. Designing the message in the context of the problem and the culture of the community. Identifying methods of Mobilization. Youth-Adult Partnership.

Unit –II: Society and youth

1. Definition and Profile of youth. Importance of youth for society. National youth policy. Other youth programme / schemes of GOI.
2. Current issues and social problems. Poverty, ill health, illiteracy, rapid population growth, youth employment and under employment. Nature of social deviance, delinquency and crime, beggary, corruption, adulteration hoarding, profiteering, dowry system, etc. Problems of physically and mentally handicapped. Problems of socially/ educationally backward communities' i.e. Schedule castes Schedule tribes and Denitrified Tribes. Problem resulting from regional on national catastrophes – draught, flood, etc.
3. **Youth leadership:** Meaning and types of leadership. Qualities of good leaders; traits of leadership. Importance and role of youth leadership.
4. **Social harmony, National Integration and youth:** Indian History and culture. Role of youth in peace building and conflict resolution. Role of youth in Nation building.
5. **Youth and Crime:** Sociological and Psychological factors influencing Youth Crime. Peer mentoring in preventing crimes. Awareness about anti ragging. Cyber crime and its prevention. Juvenile Justice: concepts & needs

Unit - III: Social Work

1. Social Work- History, philosophy, ideology. Social service and its need. Weaker sections of our society and their Needs.
2. Relationship of social work with social services, social welfare, social security & social reforms.
3. Family planning, HIV/AIDS: Causes & Prevention and contribution of Youth towards prevention of AIDS. Cancer, its causes and preventive measures. Drugs and substance abuse. Drug trafficking and crime.
4. Contribution of Youth towards social welfare. NGOs and their contribution to society.

Unit - IV: Life Competencies, additional life skills and Civil/Self Defense

1. **Life Competencies:** Definition and importance of life competencies. Communication - process, types & barriers. Inter personal. Motivation – Concept & Cycle. Problem solving and Decision making.
2. **Additional life skills:** Communication, interpersonal, problem solving and decision making. Positive thinking. Self confidence and self esteem. Setting life goals and working to achieve them. Management of stress including time management.
3. **Civil/Self Defence:** Civil defense services, aims and objectives of civil defense. Needs for Self defence training. NCC, NSS, Home Guard, Scouts, Guide - objectives & role.

DSC1CP: Practical

Credits 02

1. **Studies on Socio Economic status.**

- a) Visit to selected villages - gathering basic data on socio - economic status.
- b) Visit to urban slum - gathering data on socio - economic status.
- c) Visit to tourist places of Medinipur District and gathering data on socio economic status.

2. Days Observation:

NSS Day, Gandhi Jayanti, Ektadiwas, Womens Day, Yoga Day, World Youth Day, World Aids Day, Aranya Saptah and Biographic Inspirational Personalities : Swami Vivekananda, Derozio, Netaji Subhash chandra Bose, Rajnarayan Bose , Mother Teresa.

3. Field Reports:

i. Students will be asked to submit a Field Reports on any Environment/Health Awareness Programme organized by the Institution.

ii. Students will submit a field report based on participation in NSS visit of nearby places of tourist/ historical importance and campaign on cleanliness and preservation organized by the institution.

4. Project Work: Preparation of a Project Report on topics taught in this paper.

5. Laboratory Note Book: Students will be required to maintain records of all works done in connection with the topics taught in this paper.

Skill Enhancement Course (SEC)

SEC-1: Personality Development & Communication Skills

Credits 02

SEC1T: Personality Development & Communication Skills

Course Content:

Unit I:

Techniques in Personality development a) Self confidence b) Mnemonics c) Goal setting d) Time Management and effective planning

Unit II:

Written communication: Basics of Letter writing, memorandum, notice, email, and report writing. Resume writing.

Unit III:

Communication skills and Personality Development a) Intra personal communication and Body Language b) Inter personal Communication and Relationships c) Leadership Skills d) Team Building and public speaking

Or

SEC-1: Computer Applications

Credits 02

SEC1T: Computer Applications

Course Contents:

UNIT-1: Introduction to Computer Application

Components of computer-input and output unit, storage unit, CPU, ALU, control unit. Starting & quitting windows, setting display, time & date, managing files and folders. Meaning, need and importance of information and communication technology (ICT). Application of computer and computer software in for social service programme.

UNIT-2: Word

Introduction to word. Creating, saving and opening a document. Formatting & editing features, drawing table and graphs, page setup, paragraph alignment, spelling and grammar check, bullets and numbering, page number, header and footer, footnote and endnotes, mail merge, printing option and hyperlink. Preparation of word document

UNIT-3: Excel

Introduction to Excel. Creating, saving and opening spreadsheet. Format and editing features, adjusting columns width and row height, Creating formulas, short and filter, inserting graph and pictures, printing option. Preparation of Excel worksheet

UNIT – 4: Power Point

Introduction to Power Point. Creating, saving and opening a ppt file. Format and editing features, slide show, design, inserting slide number, picture, graph, table, hyperlink and graphics. Preparation of Power Point Presentation

Or

SEC-1: News and News Contents

Credits 02

SEC1T: News and News Contents

Course Contents:

Unit - I: Defining News: The ingredients of News, Sources of News, Reporting and Editorial Policy.

Unit - II: News Content: Headlines, Editorials, Columns, Features (Art, Entertainment, sports etc).

Unit - III: News Writing Procedures: The paper and Headings, Brief paragraphing and Readability, Making up the Newspaper and aids to clarity, Unusual or incorrect material

Unit – IV: Newspaper, Radio and Writings, Levels of News, Hard and soft News.

Unit – V: Characteristics of Newspaper, News Agencies, Types of News dissemination.

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Semester-IV

Course	Course Code	Name of the Subjects	Course Type/ Nature	Teaching Scheme in hour per week			Credit	Marks
				L	T	P		
DSC-1D		DSC1DT: Method of Organising Human Service to the Nation through students and youths	Core Course	4	0	0	6	75
		- Practical		0	0	4		
DSC-2D	TBD	DSC-2D (other Discipline)	Core Course				6	75
DSC-3D	TBD	DSC-3D (other Discipline)	Core Course				6	75
SEC-2		SEC-2: TBD	Skill Enhancement Course-2	1	1	0	2	50
Semester Total							20	275

L = Lecture, **T** = Tutorial, **P** = Practical, **CC** = Core Course, **TBD** = To be decided, **SEC** = Skill Enhancement Course.

DSC-1 = Discipline Specific Core of Subject-1, **DSC-2** = Discipline Specific Core of Subject-2,

DSC-3 = Discipline Specific Core of Subject-3.

List of Core Course (CC) and Electives

Core Course (CC)

DSC-1D: Method of organising Human Service to the Nation through students and youths.

Skill Elective Courses (SEC)

SEC-2: Value System & Gender Sensitivity

Or

SEC-2: Health and Education Program

Or

SEC-2: Methods and Techniques of working with people and program planning

Semester-IV
Core Course (CC)

DSC-1D (CC- 4): Method of Organising Human Service to the Nation through students and youths. Credits 06

DSC1DT: Method of organising Human Service to the Nation through students and youths. Credits 04

Course Contents:

Unit – I: Special Camping Program

Nature, objectives and types. Concept of camp: identification of community problems – importance of group living – team building. Ice breaking and team building activities. Adaptation of village. Selection of camp site and physical arrangement. Identification of specific theme. Planning for camp - pre, during and post campaigning activities. Organization of NSS camps through various committees and discipline in the camp. Co-ordination with local planning Government and other agencies. Healthy Programmes and activities to be undertaken in the camp. . Use of mass media in NSS activities. Feedback /Evaluation : post camping activities.

Unit –II: Special program: **a.** Legal awareness, Health awareness, Environment awareness. **b.** First aid, Career guidance. **c.** Leadership training – cum- cultural guidance. **d.** Globalization and its economic, social, political and cultural impacts.

Unit –III: Rural work under NSS - i) Nature of rural society, **ii)** Problems in rural and tribal areas: Agricultural problems – low productivity tenancy, problems of bonded labours; Rural migration to towns and cities; Rural medical health services – prevention of diseases environmental sanitation through disposal of garbage, construction of soak pits, drains, roads etc. And provision of safe drinking water supply; Need for subsidiary occupation for the poor organization of village industries; Difficulties in organizing the literacy programmes and rural libraries, **iii)** Rural Youth Programme organization youth club, Young Farmers club, Mahila Mandal, **iv)** Integrated Rural Development- concept, **v)** Structure of Extension Agencies in rural areas **vi)** Credit facilities in rural areas, **vii)** Land reforms and tenancy, **viii)** Programme for weaker sections of the society in relation to the 20- point Economic Programme, e.g. allotment of house sites to schedule castes/schedule tribes, legal aid to the rural poor etc. **ix)** Re-cycling of waste and use of gobar gas plants **x)** NSS and other youth programmes.

Unit –IV: Urban work under NSS - i) NSS work in urban slums – housing projects, health services, **ii)** Medical social service work and community health programme, **iii)** NSS programme in Welfare Institutions, **iv)** NSS programme in primary schools.

Unit - IV: Role and Importance of Government Organisations (GO) and Non-Government Organization (NGO): Meaning, characteristics and functions of NGO. Characteristics and Functions. Structure of Government Organisations and Non – Government Organisations. Co-ordination of National Service Scheme (NSS) with Government Organisations (GO) and Non-Government Organisations (NGO)). Grants for NSS from GO's for activities- Regular Activities, Camping activities, Other Programme Development Scheme - e.g. HIV-AIDS, Blood Donation. Studies on UNICEF (United Nations Children's Emergency Fund), WHO (World Health Organization).

DSC1DP: Practical

Credits 02

1. Campus development program:

- a. Campus development, tree planting maintenance and greening the campus cleaning.
- b. Campus development activities – clean environment campaign, formation of plastic free zones.
- c. Campus improvement activities.

2. Agency visits: Specified by the respective institution.

3. Special camp: Students will attend one special camp in the selected village and undertake various activities based on the need of that village. Students will submit a report based on the NSS camps.

4. Project: Project report will be based on field work assignments in nearby village or urban slums of NSS interests.

5. Laboratory note book and Viva Voce: Students will be required to maintain records of all works done in connection with the topic taught in this paper

Skill Enhancement Course (SEC)

SEC-2: Value System & Gender Sensitivity

Credits 02

SEC2T: Value System & Gender Sensitivity

Course Contents:

Unit –I: Value System

1. Meaning of Values, Types of Values.
2. Human Values & Social Responsibilities.

3. Indian Value System – the Concepts and its Features.
4. Eleven Vows.

Unit – II: Gender Sensitivity and Women Empowerment

1. Concept of Gender.
2. Causes behind Gender related problems and remedial measures.
3. Meaning of Woman Empowerment.
4. Various Schemes for Woman Empowerment in India.

Or

SEC-2: Health and Education Program

Credits 02

SEC2T: Health and Education Program

Course Contents:

Unit-I: First aid, Emergency and transportation of casualties: **1.** First Aid - Definition, importance and objectives. General rules of First aid. Principles of First aid. Characteristics of First aider. First Aid Box. **2.** Life saving work - concept. Methods of transferring patients. Definition, types and treatment of wound. Bleeding, types of bleeding and pressure points of blood. Checking of Circulation of blood, Control of bleeding: Nose bleeding, Ear bleeding and management of different types of fractures. Opening of air passage, checking of breathing, commencement of ERC, giving artificial respiration. **3.** Dressing – its rules. Bandage – types and methods of bandaging. Fracture, joint sprain, joint dislocation – identification and first treatment. Management of different types of fractures. **4.** Poison- effects and its treatment. Burns and scalds and its first treatment. Sun-stroke and its first treatment. Heart attack, Stroke, fainting, shock, unconsciousness, hysteria - reasons and First aid treatment. First aid in diabetes and unconsciousness. First aid for dog and snake bite. **5.** Disaster management: Definitions and Types. State level Disaster Management Authority: Introduction, Constitution and Function

Unit-II: Blood, eyes, organs and body donation awareness programs

1. Blood donation awareness programme
2. Eye donation awareness programme
3. Organs donation awareness programme
4. Body donation awareness programme
5. Self-awareness

Unit-III: AIDS/HIV/Stress management through group discussion

1. AIDS/HIV awareness programme
2. Stress management programme
3. Value education
4. Safety measures: General Discussion

Unit-IV: Awareness program in community and Education Institutions

1. Road safety programme
2. Food safety programme
3. Cyber safety programme
4. Substance abuse safety programme
5. Drugs safety programme

Or

SEC-2: Methods and Techniques of working with people and program planning

Credits 02

SEC2T: Methods and Techniques of working with people and program planning

Course Contents:

Unit-I: Working with individuals – skills and techniques required in working with NSS volunteers and adult leaders in the community;

Unit-II: Working with groups – group formation, group development, group dynamics, leadership development and working with NSS volunteers;

Unit-III: Working with communities – Nature of Communities and their organisations, as method, techniques in human relations and communications, coordination with other agencies/Government Departments.

Unit-IV: Program planning and implementation- Importance of program planning ; Principles and methods of program planning ; Factors involved in exploring field placements for NSS volunteers; Selection of time – bound and target oriented program, including adoption of villages/urban slums.

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[Choice Based Credit System]

Semester-V

Course	Course Code	Name of the Subjects	Course Type/ Nature	Teaching Scheme in hour per week			Credit	Marks
				L	T	P		
DSE-1A		DSE1AT:Entrepreneurship Development and Rural resource mobilization	Core Course	4	0	0	6	75
		DSE1AP:Practical		0	0	4		
DSE-2A	TBD	Other Discipline (Any one from Discipline 2)/TBD	Core Course	5	1	0	6	75
GE-1		TDB	Generic Elective	4-0-4/5-1-0			6	75
SEC-3		SEC3:Human Rights and Consumer Protection Rights Or Institutional social responsibilities	Skill Enhancement Course	1	1	0	2	50
Semester Total							20	275

L=Lecture, T=Tutorial, P=Practical,DSE= Discipline Specific Electives, GE= Generic Elective, SEC= Skill Enhancement Course,TBD = To be decided.

Semester-V

Discipline specific Elective (DSE)

DSE-1A:Entrepreneurship Development and Rural Resource Mobilization

Skill Enhancement Course (SEC)

SEC-3:Human Rights and Consumer Protection Rights

Or

SEC-3:Institutional social responsibilities

Generic Elective(GE)

GE- 1: First-Aid for Disasters Management

Or

GE-1:Social Work

Semester-V

Discipline Specific Elective (DSE)

DSE-1A: Entrepreneurship Development & Rural Resource Mobilization Credits 06

DSE1AT: Entrepreneurship Development & Rural Resource Mobilization Credits 04

Course Contents:

Unit-I: Entrepreneurship development

- Definition, role of small scale industries in the nationaleconomy.
- Characteristics and types of small scale industries; demand-based and resources-based ancillaries.
- Government policy(s) for small scale industries; stages in starting a small scale industry.

Unit-II: Project identification, planning and control

- Assessment of viability, formulation, evaluation, financing.
- Field-study, preparation of project report, demand analysis, material balance and output methods, benefit cost analysis.
- The financial functions, cost of capital approach in project planning and control
- Laws concerning entrepreneurship.
- Role of various national and state agencies which render assistance to small scale industries.

Unit-III: Rural resource mobilization

- Basic objectives
- Case study of eco-village, eco-tourism and agro-tourism.
- Micro financing with special reference to self-help groups.
- Rural entrepreneurship development through traditional technologies.

Unit-IV: Ideal village

- Concept and case studies.
- Sustainability of model village.
- NGOs and SHGs- role in rural development.

DSE1AP: Entrepreneurship Development & Rural Resource Mobilization (Practical) Credits 02

List of Practical

1. Model entrepreneur development project:

- a. Project development.
- b. Entrepreneurship model framework.

2. Visits: Visit to village-based and community-based entrepreneurship programme(s).

3. Training: Training (duration as per the college discretion) at village entrepreneurship/ SHG/NGO engaged in rural development. Students will submit a report on training.

4. Laboratory note book and Viva Voce: Students will be required to maintain records of all works done in connection with the topic taught in this paper

Suggested Books/ Reading

- Forbat, John, "Entrepreneurship" New Age International.
- Havinal, Veerbhadrapa, "Management and Entrepreneurship" New Age International
- Joseph, L. Massod, "Essential of Management", Prentice Hall of India.
- National Service Scheme Manual (Revised) 2006, Government of India, Ministry or Youth Affairs and Sports, New Delhi.
- RashtriyaSevaYojanaSankalpana – Prof.Dr.SankayChakane, Dr.Promad \ Prabhakar, Diamond Publication, Pune .
- National Service Scheme Manual for NSS District Coordinators, National Service Scheme cell, Dept. of Higher and Technical Education, Mantralaya.
- Annual report of National service Scheme (NSS) published by dept. of Higher and Tachnical Educational, Mantralaya.
- NSS Cell, Dept. of Higher and Technical Education, Mantralaya, UTKARSHA- Socio and cultural guidelines.
- Case material as a Training Aid for Field Workers, Gurmeet Hans.
- Social service opportunities in hospital, Kapil K. Krishnan, TISS
- New Trends in NSS, Research papers published by University of Pune.
- ANOOGUNJ Research Journal, published by NSS unit C.K. Thakur college.
- Training Manual for Field Work published by RGNIYD, Shreeperumbuduer
- Prof.Ghatole R.N. Rural Social Science and Community Development.
- PurushottamSheth ,Dr.Shailja Mane, National Service Scheme.
- Join programme of National Service Science, University of Mumbai & DISHA – DEEPSHIKHA Projects, Nair Hospital, 2011-12.
- National Service Scheme in India: A Case study of Karnataka, M.B. Dishad, Trust Publications,2001
- Shastri, R.R. (1966), Social Work tradition in India, Welfare Research Organization, Varanasi.
- Singh Surendra and Srivastava S. P. (ed) 2005), Social Work Education in India, Challengeand oportunities, New Royal Book Publications, Lucknow
- Siddiqui, H.Y.2015, Social Work and Human Relations,Rawat Publications, Jaipur.
- <http://www.thebetterindia.com/140/national-service-scheme-nss/>
- <http://en.wikipedia.org/wiki/national-service-scheme>
- <http://nss.nic.in/adminstruct>
- <http://nss.nic.in/propexpan>
- <http://nss.nic.in>
- <http://socialworkness.org/about/hmtl>

Skill Enhancement Course (SEC)

SEC- 3: Human Rights and Consumer Protection Rights Credits 02

SEC3T: Human Rights and Consumer Protection Rights Credits 02

Course Contents:

Unit -1: Human Rights

- Human Rights definition
- Universal declaration of Human Rights
- Human Rights: voices of youths
- History of youth for Human Rights
- Importance of Human Rights education

Unit -2: Fundamental rights of Indian Citizens

- Fundamental rights of Indian Citizens
- Fundamental Duties of the Indian Citizens
- Human Rights in India

Unit- 3: Consumer Rights

- Consumer rights of Indian Citizens
- Directive Principle of State Policy

Unit -4: Redressal of violation of consumer rights

- District Redressal Forum, State Forum
- National Council

Unit - 5: Consumer Safety

- Consumer and Food Safety
- Banking and Insurance problems
- Misleading Advertisement

Suggested Books/ Reading:

- Mishra Bijaylaxmi, United Nations and Security Challenges In New Millennium, Kilasobooks, NewDelhi 2004.
- Morgenthau Hans. J., Politics Among Nations. Scientific book Agency Culcutta 1963.
- Sing Jasjit, United Nations Peace Keeping Operation, The challenges of change in ReganMS Ed. UN
- 50 and beyond, lancer Books Delhi, 1996.
- Shastri M N, Introduction to Environment, Himalaya Publishing house, Mumbai 2005.

Or

SEC-3:Institutional Social Responsibilities in Rural Base

Credits02

SEC3T: Institutional social responsibilitiesin Rural Base

Credits 02

Course Contents:

Unit -1: Concept and functioning- appreciation of rural society

Rural life style, rural values with respect to nature, community participation, rural infrastructure.

Unit- 2: Understanding rural livelihood

Agriculture and farming, water management, non-farming livelihood and artisans, rural market.

Unit -3: Rural Institutions

Traditional rural organizations, SHGs, Panchayati Raj institutions (Gram Sabha, Gram Panchayat), Local Administration.

Unit - 4: Rural Development

- Basics of rural development.
- National programmes in rural development.
- Implementation strategies.

Unit - 5: Social Responsibilities in Rural Life

- Responsibilities towards poverty alleviation.
- Responsibilities for eradication of illiteracy and unemployment.
- Responsibilities towards maintenance of health and hygiene of children, women & elderly.
- Responsibilities towards women empowerment.
- Responsibilities to abolish gender inequality and domestic as well as social violence.

Suggested Books/ Reading

- Singh, Katar, Rural Development: Policies, Principals and Managements, Sage Publication, New Delhi, 2015
- Hand Book on Village Panchayat Administration, Rajiv Gandhi for Panchayati Raj Studies, 2002
- United Nations Sustainable Development Goals, 2015
- M.P. Boraian, Best Practices in Rural Development, Shalex Publishers, 2016
- Kurukshetra (Ministry of Rural Development, GOI)
- Yojona Ministry of Information and Broadcasting, GOI)

Generic Elective(GE)

GE- 1:First-Aid for Disasters Management

Credits 06

GE1T:First-Aid for Disasters Management

Credits 04

Course contents:

Unit -1: Introduction to First-Aid

Concept.Aims of first-aid.Significance.Types and Levels.Principles of first-aid. Emergency Medical Responder and Roles

Unit -2: First-Aid Assessment and Supplies

Recognizing Emergencies.Assessing the situation.Disaster Kit.Home First Aid Kit, Travel First Aid Kit.Organizing Shelter.Check-lists.Safety Tools.DRAB and ABCD of first-aid.

Unit- 3: Disaster specific safety guidelines

Landslides, Earthquakes, Fires, Floods, Hazardous Materials.Epidemics.Others.Life-stock safety and Management during disasters.

Unit -4: Emergencies and What to do

The ABC Bites and Stings.Breathing.Bleeding.Fractures.Burns.Choking. Cold and Heat related illnesses. Convulsions and Seizures.Cardiac Problems.Dizziness and Fainting.Eye and Ear injuries.Head, neck and spine injuries.Infectious diseases.Poison.Shock.Stroke and Tooth injuries.Drowning, Dizziness and Fainting.

Unit - 5: Tools and Techniques for First Aid

Concept of Basic Life Support.Bandaging, Slings and Binders.Checking Pulse.Cardiopulmonary resuscitation (CPR).Clearing Air-way obstruction.Using the Fire extinguisher.

GE1P: Practical

Credits 02

Course contents:

Practical:

1. Breathing and circulation, Life-saving practices
2. Removing clothing, Casualty handling
3. Preparation of First aid Toolbox
4. Dressings, Cold compresses

5. Principles of bandaging
6. Roller bandages, Tubular gauze bandages, square knots, hand and foot cover
7. Arm sling, Elevationsling, improvised slings

Suggested Books/ Reading:

- The authorized manual of St. John Ambulance, St. Andrew's Ambulance association and the British red cross society, First Aid manual, 9th edition, Dorling Kindersley, London
- Clement Text book on First Aid & Emergency Nursing, First edition, JP brothers, 2012
- American Red Cross. (2008). A Family Guide to First Aid and Emergency Preparedness. United States: Staywell.
- Staywell. (2012). Responding to Emergencies: Comprehensive First Aid/ CPR/ AED. United States: American National Red Cross.

Or

GE- 1: Social Work

Credits 06

GE1T: Social Work

Credits 06

Course contents:

UNIT I: Concept and Significance Social Work

Definition, meaning, purpose, goals and objectives; assumptions and functions of Social Work - basic and ancillary methods of Social Work - scientific basis of Social Work - knowledge, tools, techniques, skills, and abilities of a Professional Social Work Practitioner

UNIT II: Social Service

Principles of Social Work - Concepts: Social Service, Social Welfare, Social Security, Social Reform, and Social Action.

UNIT III: Philosophical bases of Social Work

Philosophical bases of Social Work - moral and religious values in Social Work philosophy - Christian, Hindu, Islam, Buddhist traditions - ideologies: Liberalism, Humanism, Socialism, Communism, Democracy; Gandhian Philosophy of Social Work

UNIT IV:Avenues of Social Work Practice

Fields of Social Work Practice.International Social Work.Voluntarism.Definition and characteristics of a profession - Social Work as profession; professional role of Social Work Practitioner - Development of Social Work Education in India.

Suggested Books/ Readings

- Shastri, R.R. (1966), Social Work tradition in India, Welfare Research Organization, Varanasi.
- Singh Surendra and Srivastava S. P. (ed) 2005), Social Work Education in India, Challengeand opportunities, New Royal Book Publications, Lucknow
- Siddiqui, H.Y.2015, Social Work and Human Relations,Rawat Publications, Jaipur.
- Social service opportunities in hospital, Kapil K. Krishnan, TISS
- Case material as a Training Aid for Field Workers, Gurmeet Hans.

Vidyasagar University

Curriculum for B.A. (General) in National Service Scheme (NSS)

[Choice Based Credit System]

Semester-VI

Course	Course Code	Name of the Subjects	Course Type/ Nature	Teaching Scheme in hour per week			Credit	Marks
				L	T	P		
DSE-1B		DSE1BT: Vocational Skill Development	Core Course	4	0	0	6	75
		DSE1BP: Practical		0	0	4		
DSE-2B	TBD	Other Discipline (Any one from Discipline-2)/ TBD	Core Course	5-1-0/4-0-4			6	75
GE-2		GE2T: Introduction to Disaster Management Or Project Management and Documentation Skills	General Elective Course-2	5-1-0/4-0-4			6	75
SEC-4		SEC4T : Environment & Energy Conservation Or Corporate Social Responsibility (CSR) & Sustainability	Skill Enhancement Course-4	1-1-0/1-0-1			2	50
Semester Total							20	275

L=Lecture, **T**=Tutorial, **P**=Practical, **DSE**= Discipline Specific Electives, **SEC**= Skill Enhancement Course, **TBD** = To be decided.

Semester-VI

Discipline Specific Electives (DSE)

DSE-1B: Vocational Skill Development

Skill Enhancement Course (SEC)

SEC-4: Environment & Energy Conservation

Or

SEC-4: Corporate Social Responsibility (CSR) & Sustainability

Generic Elective (GE)

GE- 2: Introduction to Disaster Management

Or

GE-2: Project Management and Documentation Skills

Discipline Specific Electives (DSE)

DSE-1B: Vocational Skill Development

Credits 06

DSE1BT: Vocational Skill Development

Credits 04

Course Contents:

Unit-I: Vocational Skills

- a) Skill: Meaning, need & types.
- b) Soft and Technical Skill Development, Training.
- c) Time Management, Team Work.
- d) Mentoring.

Unit-II: Vocational Training

- a) Vocation and Training programmes.
- b) Apprenticeship, Internship.
- c) Entrepreneurship Development Skills- Government, Self- Employment.
- d) Marketing of cottage products and outlets.
- e) Industrial Safety Measures.

Unit-III: Field application

- a) Marketing of cottage products and outlets
- b) Role of cottage industry in development process
- c) Micro financing with special reference to Self-Help groups
- d) Entrepreneurship Development Skills- Government, Self- Employment

DSE1BP: Vocational Skill Development (Practical)

Credits 02

Practical

- Each student will have the option to select two skill-areas out of the list of vocational skills based on the local conditions and opportunities
- 15-20 days training on one such skill.
- Required arrangements for developing these skills to be provided to each volunteer in collaboration with established agencies that possess the necessary in the related vocational skills.
- Training: Students will attend two vocational training programme in the selected village.
- Viva Voce: Laboratory note book and Viva Voce: Students will be required to maintain records of all works done in connection with the topic taught in this paper

Suggested Books/ References:

1. National Service Scheme Manual (Revised) 2006, Government of India, Ministry of Youth Affairs and Sports, New Delhi.
2. Rashtriya Seva Yojana Sankalpana – Prof. Dr. Sankay Chakane, Dr. Promad \ Prabhakar, Diamond Publication, Pune .
3. National Service Scheme Manual for NSS District Coordinators, National Service Scheme cell, Dept. of Higher and Technical Education, Mantralaya.
4. Annual report of National service Scheme (NSS) published by dept. of Higher and Technical Educational, Mantralaya.
5. NSS Cell, Dept. of Higher and Technical Education, Mantralaya, UTKARSHA- Socio and cultural guidelines.
6. Case material as a Training Aid for Field Workers, Gurmeet Hans.
7. Social service opportunities in hospital, Kapil K. Krishnan, TISS
8. New Trends in NSS, Research papers published by University of Pune.
9. ANOOGUNJ Research Journal, published by NSS unit C.K. Thakur college.
10. Training Manual for Field Work published by RGNIYD, Shreeperumbuduer
11. Prof. Ghatole R.N. Rural Social Science and Community Development.
12. Purushottam Sheth , Dr. Shailja Mane, National Service Scheme.
13. Join programme of National Service Science, University of Mumbai & DISHA – DEEPSHIKHA Projects, Nair Hospital, 2011-12.
14. National Service Scheme in India: A Case study of Karnataka, M.B. Dishad, Trust Publications,2001
15. Shastri, R.R. (1966), Social Work tradition in India, Welfare Research Organization, Varanasi.
16. Singh Surendra and Srivastava S. P. (ed) 2005), Social Work Education in India, Challenge and oportunities, New Royal Book Publications, Lucknow
17. Siddiqui, H.Y.2015, Social Work and Human Relations, Rawat Publications, Jaipur.
18. <http://www.thebetterindia.com/140/national-service-scheme-nss/>
19. <http://en.wikipedia.org/wiki/national-service-scheme>
20. <http://nss.nic.in/adminstruct>
21. <http://nss.nic.in/propexpan>
22. <http://nss.nic.in>
23. <http://socialworkness.org/about/html>

Skill Enhancement Course (SEC)

SEC- 4: Environment & Energy Conservation

Credits 02

SEC4T: Environment & Energy Conservation

Credits 02

Course Contents:

UNIT – I: Environment – The need of sustainability:

Introduction to environment and the multidisciplinary nature of environment. Environment conservation and management as the key requirements of sustainability. Definitions, scope and importance, need for public awareness

UNIT - II: Environmental Pollution:

Quantification of environmental pollution, various parameters and indexes. Types of environmental pollution and pollutants. Causes, effects and control measures of – Air pollution, Water pollution, Solid and e-waste management, Soil/land pollution, Noise pollution, Radioactive pollution and Thermal pollution. Role of an individual in prevention of pollution

UNIT - III: EMS and EIA:

Introduction and basics of environmental management systems and environmental impact assessment tools. Linkages between technology, environmental quality and economic gain: Carbon trading, Clean Development Mechanism etc.

UNIT – IV: Social issues and the environment:

Environment ethics, issues and possible solutions. Urban problems related to energy, water conservation, rain water harvesting, water shed management, rehabilitation problems and concerns – case study of Sardar Sarovar dam, environment protection acts.

UNIT - V: Energy – Sources, types and important aspects:

Physical understanding of issues and problems involved with the generation, storage, transport, and usage of various forms of energy in technological society. Types of energy resources as Renewable and Non-renewable energy, fossil fuels and hydropower, nuclear, solar, and wind energy, and issues related to energy conservation in everyday life. Effects of waste products associated with energy generation and usage and energy conservation measures.

Suggested Books/ Reading:

- A textbook of Environmental Chemistry and Pollution Control: Dr. S. S. Dara and Dr. D. D. Mishra
- Environmental studies: Dr. Suresh K. Dhameja
- Energy and the Environment, 2nd Edition: Robert A. Ristinen and Jack J. Kraushaar.
- Environmental Studies: Anindita Basak (Pearson Publications).
- 5. Introduction to Environmental Engineering and Science: Gilbert M. Masters (Prentice-Hall Publications).
- <http://www.indiaenvironmentportal.org.in>
- <http://www.cseindia.org>
- <http://www.cpcb.nic.in>

- <http://www.gpcb.gov.in>
- http://www.colorado.edu/physics/phys3070/phys3070_sp13/reading.html

Or

SEC-4: Corporate Social Responsibility (CSR) & Sustainability Credits 02

SEC4T: Corporate Social Responsibility (CSR) & Sustainability Credits 02

Course Contents:

UNIT – I: Understanding CSR

- Understanding about various issues related to Corporate citizenship. Various corporate players and risk involved in mismanaging corporate citizenship.
- Identification of Corporate Social Responsibility and role of the organization in CSR, Assessment of the organization’s performance in regards to CSR.

UNIT – II: Elements of CSR

Elements of CSR, Importance of CSR, Role of CSR commitments Importance of capturing the value created from CSR efforts, Role of annual reporting in Value capture, Difference between tangible and intangible CSR value.

UNIT – III: Application of CSR strategy to a real life example

A survey on how different companies have fulfilled their corporate social responsibilities. Assessing how well a company is capturing the value of its CSR efforts.

Suggested Books/ Reading

- Notes by trainer
- Corporate Social Responsibility : doing the most good for your company and your cause, Philip Kotler & Nancy Lee
- Small Giants companies that choose to be great instead of big – Bo Burlingham, Penguin 2007
- Investing in Corporate Social Responsibility: A guide to Best Practice, Business Planning & the UK’s Leading Companies, Kogan Page Publishers, John Hancock

Generic Elective (GE)

GE- 2: Introduction to Disaster Management

Credits 06

GE2T: Introduction to Disaster Management

Credits 06

Course contents:

Unit I: Introduction

- a) Disaster, Hazards, Vulnerability, Resilience, Risks.
- b) Factors & significance, causes, nature, types and magnitude of disasters.
- c) History of Disaster, Levels of disasters as per national guideline

Unit II: Consequences of disaster

- a) Causes and consequences of hazards-physical, economic, cultural.
- b) Repercussion of disasters and hazards, Economic damage.
- c) Loss of human and animal life. Destruction of Ecosystem.

Unit III: Environment Issues

- a) Environment conservation, enrichment and Sustainability
- b) Climate Change, Global Efforts for environment conservation
- c) Waste management, Solar Energy in India
- d) Natural resource management: Rain water harvesting, Energy Conservation,
- e) Waste land development, Soil conservations and Afforestation.

Unit IV:

- a) Role of youth in Disaster Management
- b) Role of NSS team in Disaster Management
- c) National Disaster Response Force and Civil Defence-organization and functions
- d) Quick Response Team and NDRF

Suggested Books/ Readings

1. Carter, Nick 1991. Disaster Management: A Disaster Manager's Handbook, Manila Philippines.
2. Document on World Summit on Sustainable Development 2002.
3. Govt. of India: Disaster Management Act 2005, Government of India, New Delhi.
4. Government of India, 2009. National Disaster Management Policy.
5. Gupta Anil K, Sreeja S. Nair. 2011 Environmental Knowledge for Disaster Risk Management, NIDM, New Delhi
6. Kapur Anu 2010: Vulnerable India: A Geographical Study of Disasters, IAS and Sage Publishers, New Delhi.
7. Parasuraman S, Acharya Niru 2000. Analysing forms of vulnerability in a disaster, The Indian Journal of Social Work, vol 61, issue 4, October
8. NIDM Publications at <http://nidm.gov.in>- Official Website of National Institute of Disaster Management (NIDM), Ministry of Home Affairs, Government of India- <http://cwc.gov.in>

Or

GE- 2: Project Management and Documentation Skills **Credits 06**

GE2T: Project Management and Documentation Skills (Marks- 50) **Credits 04**

Course contents:

Unit I: Introduction of Project Management

- a) Overview of Project Management;
- b) Problem Identification and Project plan;
- c) Selection of Basic Research Methods- Field Study, Laboratory Study, Survey Method, Observational Method, Existing Data Based Research, Longitudinal Studies, Panel Studies

Unit II: Project Cycle Management

- a) Project planning
- b) Project implementation
- c) Project monitoring
- d) Project evaluation: impact assessment

Unit III: Documentation & Reporting

- a) Collection and analysis of data
- b) Layout of Project report
- c) Steps in report writing; Citations, Bibliography and Annexure in report
- d) Dissemination of documents/reports

GE2P: Practical (Marks- 25) **Credits 02**

Course contents:

1. The Project to be identified and carried out under the supervision of a faculty member assigned by the college/institution based on NSS field work. The Project Report to be submitted and the same will be evaluated by University appointed examiners.
2. Records
3. Viva Voce
